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Neshooters, LLC
Defensive Handgun 100
Course Outline
Day One
Revised May 5, 2008

Purpose of the class – To learn the basics needed for defensive handgun use situation

Administrative Business - 8:30 AM

Collect money for the course and the range fees
Releases of liability forms
Lunch orders

Discussion of Course Goals - 9:00 AM

Learning handgun use, manipulations and mind set
Importance of Basics – there is nothing else
Procedure development and execution
“Slow is smooth, smooth is fast”
Specific goals (with skill test run each day from the holster)

Safety Briefing / Medical Briefing - 9:15 AM

Four Safety Rules
Operating range safety rules for this course
Load and make ready
Fire/Guns
Line is clear
Cease Fire
Medical Briefing

Briefing and Discussion of Firearm selection and use - 9:30 AM

Use The Biggest Gun You Can Control accurately (Any gun will do, if you will do)
Hits in the right place are more important than caliber

Gear Discussion & Examination - 9:40 AM (At the firing line)

Usable
Safe
Fire all guns for combat accuracy

Press Check/Chamber Check/Status Check - 10:00 AM

The cheapest insurance that you can buy
Loading/ Unloading -
Followed by Dry Practice

The anatomy of One perfect Shot – The Fundamentals - 10:15 AM

(provide copies for all)
Grip & Stance & Pointing (Firing Position/ Ready Position) Followed
by Dry Practice

Sight Alignment Discussion (Perfect shots are our goal)

Sight Picture Discussion

One Eye vs Two Eyes - Master Eye

The Front Sight must be your Focus

Breathing (Just do it – could be useful for precision shots)

Trigger Control

Finger Placement, Focus on Front Sight While Pressing, Surprise Break

Trigger Reset/Follow Through

Hold back the Trigger During Recoil

Get Second Sight Picture (Do not look, call your shots)

Reset the trigger

Dry Fire Practice - The Fundamentals

Fire Single Shots from Ready Position - 11:00 AM

3 yards (6 rounds)

5 yards, (6 rounds)

7 yards (6 rounds)

10 yards (6 rounds)

Fire Two Shots from Ready Position - 11:30 AM

3 yards, (6 rounds)

5 yards, (6 rounds)

7 yards (6 rounds)

10 yards (6 rounds)

LUNCH BREAK – Noon to 1:00 PM

Administrative reloads

Tactical Reload -10 times dry - 1:00 PM

Need partial mag/Have the time/Have cover

In Holster Reload -10 times dry

Emergency Reload -10 times dry

Pairs from Ready at 5 yards - 1:45 PM

Fire, follow with Reload and fire-repeat 3 times

From Holster to hand - 2:00 PM

4 Count Presentation 20 Times (Move & Grip/Click/ Clap/Assess)

(The focus is on Smoothness not speed)

Pairs from holster - 2:45 PM

3 yards,(6 rounds)

5 yards,(6 rounds)

7 yards (6 rounds)

10 yards (6 rounds)

When Pistol Doesn't Work - 3:15 PM

Must move before and after

(Cover both Diagnostic (Briefly) and non Diagnostic)

Fail to Fire – "Symptom - Click" – How to Fix - Dry practice

Fail to Eject - "Symptom - High Brass"s - How to Fix - Dry practice

Feed-way Stoppage – "Symptom - Low Brass" – How to Fix - Dry practice

Empty Gun - "Symptom - No Brass Seen" - How to Fix - Dry practice

Pairs from holster (with dummies) - 4:00 PM

3 yards (10 rounds)

5 yards(10 rounds)

7 yards (10 rounds)

10 yards (10 rounds)

First try at the Goals Test - 4:15 PM

7 yards (7 rounds – Semi and 7/8 rounds revolver)

Target 8-1/2" x 11" paper with no aiming point

Details: 1 in chamber/mag with 4 live and 1 dummy/full spare mag
(revolver Full speed loader and fully loaded gun – 3 moves required)

The Drill Start moving side to side
Must move 3 times
On the buzzer – move/draw and fire
On MALF – move-clear
Fire
On empty – move and reload
Fire 2 more shots
2 Un-timed head shots from the holster

Score 15 seconds – Distinguished
22 seconds – Pass

Make firearms ready for travel - 4:45 PM

Class Questions - 5:00 PM

Neshooters, LLC
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Course Outline
Day Two
Revised May 5, 2008

Short discussion of day 1

Quickly Review Basic Manipulation Methods - 8:30 AM

Manipulations - Chamber Check/ Load-Unload
Grip/Stance/Basic Ready & Firing Position
Practice This Dry
Sight Alignment/Sight Picture
Practice This Dry (Quick Discussion of Master Eye Issues)
Trigger Control/Follow Through
Dry Practice Second Sight Picture/Trigger Reset

From Ready Position - 8:45 AM

One Hole drill (Slow Precise Single Shots w/ Trigger Reset

3 yards on small circles repeat 10 times
5 yards on small circles repeat 10 times

Pairs From Ready Position with Tactical Loading and Second pair - 9:40 AM

3 yards (6 rounds - three times)
5 yards (6 rounds - three times)
7 yards (6 rounds - three times)
10 yards 6 rounds - three times)

Quickly Progress Through presentations (with Move0 - 10:10 AM

4 Count Draw (5 times) (Move/Grip/Click/ Clap/Assess)

Reload Enhancements (with Move0 - 10:10 AM

4 Count Draw (5 times) (Move/Grip/Click/ Clap/Assess)

Pairs From Holster at Small circles - 10:40 AM

3 yards (6 rounds - 5 times)
5 yards (6 rounds - 5 times)
7 yards (6 rounds - 5 times)
7 yards (6 rounds - 5 times)

Pairs From Ready Position with Tactical Loading and Second pair - 11:20 AM

3 yards (6 rounds - three times)
5 yards (6 rounds - three times)
7 yards (6 rounds - three times)
10 yards 6 rounds - three times)

LUNCH BREAK - Noon to 1:00 AM

Discuss Need for Tactical Assessment - 1:00 PM

Photo Target (Bubba)
Due to Possibility of Failure to Stop or presence of Multiple Adversaries
Break Tunnel Vision

Practice Tactical Assessment (TA) - 1:15 PM

Check Adversary, Immediate Area to Front (Left and Right), Reload, Holster

Pairs From Holster - 1:30 PM

With Tactical Reload and TA
3 yards (12 rounds - three times)
5 yards (12 rounds - three times)
7 yards (12 rounds - three times)
10 yards (12 rounds - three times)

3 shots, drawing From Holster With TA - 2:15 PM

3 yards (3 rounds - three times)
5 yards (3 rounds - three times)
7 yards (3 rounds - three times)
10 yards (3 rounds - three times)

Failure To Stop – Drills - 2:45 PM

Discussion & Solutions
Fire Doubles, Triples or More
3 yards (? rounds - three times)
5 yards (? rounds - three times)
7 yards (? rounds - three times)

Multiple Adversaries - Tactics and Issues - 3:20 PM

Pairs and Triples vs. Single Sweep
2, 3, 4 targets 2 runs each set at 5 yards stationary

Shoot the Goals Test for the Record - 3:45 PM

7 yards (7 rounds – Semi and 7/8 rounds revolver)
Target 8-1/2” x 11” paper with no aiming point
Details: 1 in chamber/mag with 4 live and 1 dummy/full spare mag
(revolver Full speed loader and fully loaded gun – 3 moves required)
The Drill Start moving side to side
Must move 3 times
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Fire
On empty – move and reload
Fire 2 more shots
2 Un-timed head shots from the holster
Score 15 seconds – Distinguished
22 seconds – Pass

Discussion of additional skills that they can now learn in Defensive handgun 200
(Use this time to build up future attendance, etc.)

CERTIFICATE PRESENTATION - CLOSING PROGRAM - 4:30 PM

